



# forMemory

Building Hope in Early Onset Alzheimer's and Related Disease

Dear forMemory Members and Friends,

Thank you for your interest in participating in forMemory's database. The enclosed Informed Consent form explains what a database is, and why we're establishing a database for memory loss. We thank you in advance for your time. While participating in this database may be time consuming, we feel it has the following potential benefits for you:

- The process of completing the questionnaire requires that you think about your own experiences. This may bring unexpected insights about your memory loss.
- The forMemory questionnaire was developed from the symptoms, diagnoses, treatments and experiences of people with memory loss. In filling out this questionnaire, you may be able to discover potential therapies to discuss with your doctor.
- You can take satisfaction from helping both people with memory loss and researchers learn more about memory loss while maintaining your privacy.
- Your completed questionnaire will be a reference document for you. You may want to give your doctor a copy to supplement your medical history on file.
- A summary of the data in the database will be published at least once per year at [www.formemory.org](http://www.formemory.org). No information about an individual will be published.

To get started, you'll need to read and sign our Informed Consent Form, and have a friend or family member sign as your witness.

- If you don't have a copy of the Informed Consent form, go to [www.formemory.org](http://www.formemory.org) to download the form and print it out.
- Carefully read the Informed Consent form
- Sign and date the form
- Provide your email address
- Have a friend or family member sign and date the witness section
- Make a copy of the form for your files
- Mail the signed and witnessed copy to the address on the form

Once we receive the signed form, we'll send you the ID number you'll need to complete your questionnaire. Using an ID number instead of your name will help us protect your privacy. Once you receive your ID number, please fill out the questionnaire.

- If you don't have a copy of the questionnaire, go to [www.formemory.org](http://www.formemory.org) to download the questionnaire and print it out.
- Fill out the questionnaire as much as you can. It's fine to have a friend or family member help.
- Enter your ID number on the questionnaire
- Make a copy of the completed questionnaire for your files
- Mail the completed questionnaire to the address listed on the first page of the questionnaire.

You can reach me at [cbvanryzin@aol.com](mailto:cbvanryzin@aol.com) if you have any questions. Thank you again for your help!

With care,

Chris Baum VanRzyin  
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